

SPECIFIC POWER OF ATTORNEY

KNOW ALL MEN BY THESE PRESENTS: That I, FRANK L. HELMS, of ALABASTER, AL, have made, constituted and appointed, by these presents do make, constitute and appoint KATHY J. HELMS, my true and lawful Attorney-in-Fact and Agent (hereinafter called Agent), for me in my name, place and, stead and for my behalf and benefit:

1. **SPECIFIC GRANT OF POWER:** To exercise or perform the specific act enumerated below relating to the transaction of property, real or personal tangible or intangible, to be sold by me. I grant my Agent full power and authority to do fully as I might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that my Agent shall lawfully do or cause to be done by virtue of this power of attorney and the powers herein granted;

- a). **POWER TO SELL/CONVEY:** To sell and/or convey, purchase, refinance or mortgage, buy or sell real or personal property, tangible or intangible, or interest therein, on such terms and conditions as my Agent shall deem proper, with full authority to sign, endorse, execute and deliver any and all instruments or documents pertaining to the sale and conveyance of the real or personal property described as follows:

SEE ATTACHED EXHIBIT "A"

2. **INTERPRETATION AND GOVERNING LAW:** This instrument is to be construed and interpreted as a specific durable power of attorney and shall not be affected by my disability, incompetence or incapacity. This instrument is executed and delivered in the State of Alabama, and the laws of the State of Alabama shall govern all questions as to the validity of the power and the construction of its provisions.

3. **INDEMNITY:** I hereby bind myself to indemnify my Agent and any successor who shall so act against any and all claims, demands, losses, damages, actions and causes of action, including expenses, costs and reasonable attorney fees which my Agent at any time may sustain or incur in connection with carrying out the authority granted in this power of attorney.

4. **THIRD PARTY RELIANCE:** Third parties may rely upon the representatives of my Agent as to all matters relating to the specific power granted to my Agent and no person who may act in reliance upon the representations of my Agent of the authority granted to my Agent shall occur any liability to me or my estate as a result of permitting my Agent to exercise this power.

IN WITNESS WHEREOF, I have executed this Specific Durable Power of Attorney, which shall not be affected by my disability, incapacity or incompetence, and I have directed that photographic copies of this power be made, which shall have the same force and effect as an original.

Dated on this 23 day of APRIL, 2004


FRANK L. HELMS

State of Alabama

County of Chilton

I, the undersigned, a Notary Public in and for said State at Large, hereby certify that FRANK L. HELMS, signed to the foregoing Power of Attorney and who is known to me, acknowledged before me this date that, being informed of the conveyance, he/she executed the same voluntarily on the date the same bears date.

Given under my hand and seal on this 23 day of APRIL, 2004.


NOTARY PUBLIC

THIS INSTRUMENT PREPARED BY:

Christopher P. Moseley
Moseley & Associates, P.C.
3800 Colonnade Parkway, Suite 630
Birmingham, Alabama 35243

NOTARY PUBLIC STATE OF ALABAMA AT LARGE
MY COMMISSION EXPIRES: Mar 20, 2008
BONDED THRU NOTARY PUBLIC UNDERWRITERS

EXHIBIT "A"

LOT 7, ACCORDING TO THE SURVEY OF OLD TOWNE FOREST, AS RECORDED IN MAP BOOK 9, PAGE 133, IN THE PROBATE OFFICE OF SHELBY COUNTY, ALABAMA.