

This Instrument Was Prepared By:

Mechtael Business Consultants
Larry J. Beall
2536 Dalton Drive
Pelham, AL 35124

STATE OF ALABAMA)
COUNTY OF SHELBY)

ARTICLES OF INCORPORATION OF
GYM 1 CHEERNASTICS, INC.
A CLOSE CORPORATION
UNDER THE ALABAMA CLOSE
CORPORATION STATUTE

The undersigned, whether one or more, in order to form a corporation under and pursuant to the laws of the State of Alabama hereby adopt the following Articles of Incorporation:

1. Name: The name of the corporation is:
GYM 1 Cheernastics, Inc.
2. Close Corporation Status: This corporation shall be a close corporation as authorized by the Alabama Business Corporation Act, sections 10-2A-300 through 10-2A-313, Code of Alabama 1975 and shall be governed by all laws governing of applicable to such close corporations.
3. Period of Duration: The period for the duration of the corporation shall be perpetual.
4. Purposes: The purpose for which this corporation is organized is the transaction of any or all lawful business for which corporations may be incorporated under Alabama Business Corporation Act.
5. Authorized Shares: The aggregate number of shares of stock which the corporation shall have authority to issue shall be 100 shares of common stock of the par value of One Dollar (\$1.00) per share.
6. Restrictions On Transfer of Stock: All issued shares of stock of this corporation of all classes shall be subject to the following restriction on transfer:

(a) For purposes of this Paragraph 6:

(1) A shareholder desiring to sell or otherwise transfer, give, or assign his or her stock in this corporation, in whole or in part, shall be referred to as the "offeror";

(2) A non-shareholder to whom such sale or other transfer is proposed shall be referred to as the "offeree", and

(3) The shareholders, individually and collectively, of this corporation, other than the shareholder-offeror, shall be referred to as the "optionee(s)".

(b) Any shareholder in this corporation may, without restriction or limitation, sell, or otherwise transfer, his or her stock herein, in whole or in part, to any other shareholder(s), in this corporation.

(c) In the event any shareholder desires to sell or otherwise transfer his or her stock herein, in whole or in part, to a bona fide offeree, other than a then existing shareholder, the following procedures shall be followed:

(1) The offeror shall furnish and deliver to the corporation and to the optionee(s), at each of their last known business addresses, a letter of intent, containing the name and address of the offeree, and complete details as to the terms and conditions of the offer under which said sale or other transfer is to be effectuated.

(2) The offeror shall grant to the corporation the first option and shall grant to the other shareholders of the corporation the second option to purchase said stock or effectuate such transfer of said stock to it or themselves, under the same terms and conditions as set forth in the letter of intent described in subparagraph (1) herein above.

(3) The corporation shall be considered as the primary optionee and shall have thirty (30) days from the date of receipt of the letter of intent within which to exercise such option, by letter in writing, addressed to the offeror, and copies thereof to each of the other optionees, at each of their last known business addresses. Upon the failure of the corporation to exercise its option, each of the other optionees shall have thirty (30) days from the date of the expiration of the first option period within which to exercise their said option. In the absence of any other agreement between or among the optionees, if all the optionees elect to purchase said stock, said stock of the offeror shall be purchased by optionees do not elect to purchase their proportionate share of the offeror's stock, such optionees who desire to purchase such stock shall each be entitled to purchase such proportionate share of the offeror's stock at the percentage of his or her respective stock interest in the bears to the total percentage of all stock interest in the corporation held by all of the optionees desiring to purchase the offeror's stock. Notwithstanding the foregoing, the election of the optionees to purchase proportionate shares of the offeror's stock not aggregating the offeror's entire stock shall be of no effect.

(4) If the corporation and the optionees fail to elect to purchase said stock or her stock to the original offeree at the price and upon the terms and conditions set forth in said offer, provided, however that such sale must be consummated within two (2) months following the expiration of the optionee's second option within said option period, then the offeror shall be free to sell all of his

(5) Upon a sale or other transfer to the offeree, the offeree will then hold said stock as a shareholder, subject to all of the terms and conditions of these Articles of Incorporation in the place and stead of the selling shareholder, including the provisions contained in this Paragraph 6.

(6) If said sale is not made between selling shareholder and such other purchaser within said two (2) month period after the expiration of said second option, all of the terms, conditions, and restriction of this Paragraph 6 of these Articles of Incorporation shall be reinstated and the right of the selling shareholder to sell to such purchaser to said original offer shall terminate.

7. Registered Office/Initial Registered Agent: The location and mailing address of the corporation's registered office and the name of its initial registered agent at such address are:

NAME OR
INITIAL
REGISTERED AGENT

Jeffrey N. Miller

LOCATION AND MAILING
ADDRESS
OF REGISTERED OFFICE

4832 Keith Drive
Birmingham, AL 35242

8. Initial Board of Directors: The initial Board of Directors shall consist of one (1). The name and address of the persons who shall serve as director or directors until the first annual meeting of shareholders of the corporation or until the successor or successors to such directors be elected and qualify are:

NAME

Larry J. Beall

ADDRESS

2536 Dalton Drive
Pelham, AL 35124

9. Incorporators: The name and address of each incorporator, whether one or more, are:

NAME

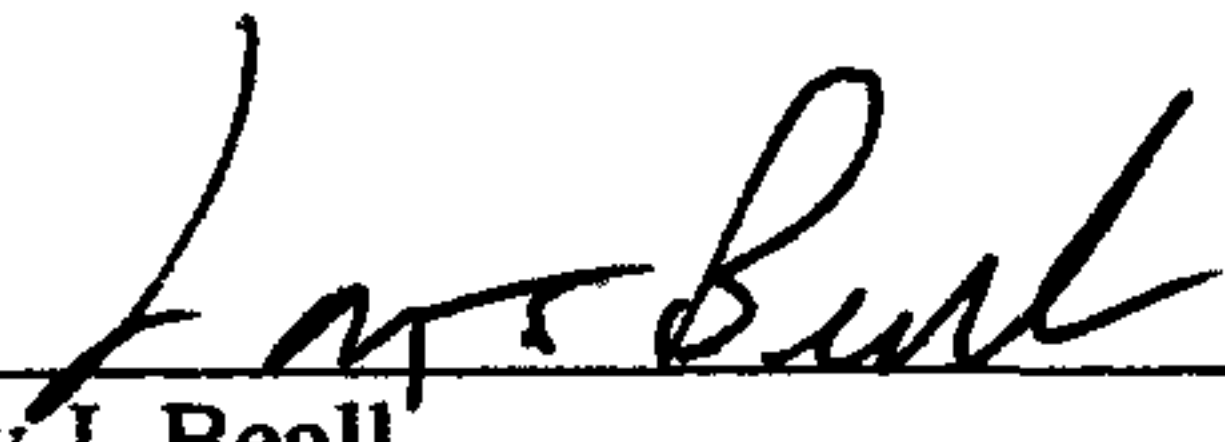
Larry J. Beall

ADDRESS

2536 Dalton Drive
Pelham, AL 35124

10. Limitation On Number of Shareholders: All of the corporation's issued shares of all classes, exclusive of treasury shares, shall be held of record by not more than thirty (30) persons. For purposes of determining the number of holders of record of the stock of this corporation, stock which is held in joint or common tenancy or by the entireties shall be treated as held by one shareholder.

IN WITNESS WHEREOF, the undersigned Incorporators have executed these Articles of Incorporation on the 2nd day of JANUARY, 2004.

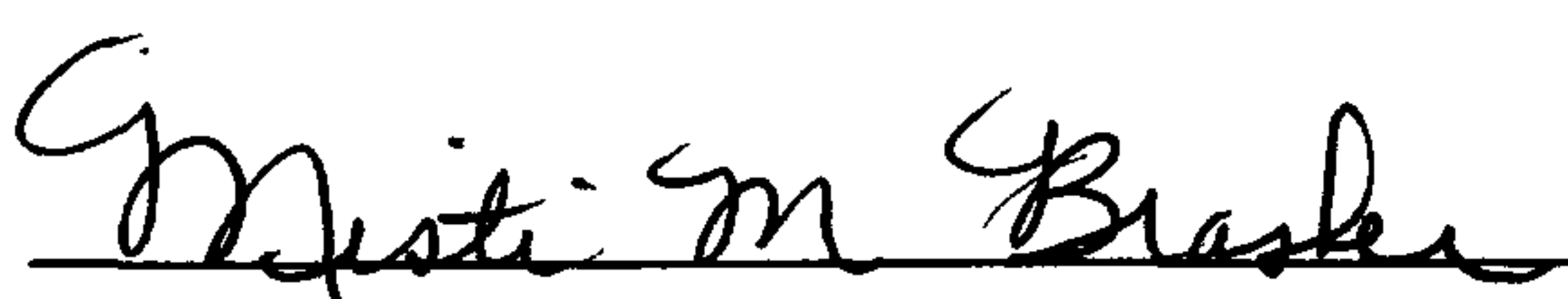


Larry J. Beall
Incorporator

STATE OF ALABAMA)
COUNTY OF SHELBY)

I, the undersigned Notary Public for the State of Alabama, County of Shelby, hereby certify Larry J. Beall, whose name is signed to the foregoing Articles of Incorporation, and who is known to me, acknowledged before me on this day, that, being informed of the contents of such instrument, he executed the same voluntarily on the day the same bears date.

GIVEN under my hand and seal of office the day and year aforesaid.



Notary Public

My Commission Expires:

MY COMMISSION EXPIRES
4-11-2004

Nancy L. Worley
Secretary of State

P.O. Box 5616
Montgomery, AL 36103-5616

STATE OF ALABAMA

I, Nancy L. Worley, Secretary of State of the State of Alabama, having custody of the Great and Principal Seal of said State, do hereby certify that pursuant to the provisions of Section 10-2B-4.02, Code of Alabama 1975, and upon an examination of the corporation records on file in this office, the following corporate name is reserved as available:

Gym 1 Cheernastics, Inc.

This domestic corporation name is proposed to be incorporated in Shelby County and is for the exclusive use of Larry J Beall, 2536 Dalton Drive, Pelham, AL 35124 for a period of one hundred twenty days beginning December 23, 2003 and expiring April 22, 2004.



In Testimony Whereof, I have hereunto set my hand and affixed the Great Seal of the State, at the Capitol, in the City of Montgomery, on this day.

December 23, 2003

Date

Nancy L. Worley
Nancy L. Worley

Secretary of State