

STATE OF ALABAMA
FOR-PROFIT CORPORATION
ARTICLES OF INCORPORATION

INSTRUCTIONS:

- STEP 1: CONTACT THE OFFICE OF THE SECRETARY OF STATE AT (334)242-5324 TO RESERVE A CORPORATE NAME.
STEP 2: TO INCORPORATE, FILE THE ORIGINAL, TWO COPIES OF THE ARTICLES OF INCORPORATION AND THE CERTIFICATE OF NAME RESERVATION IN THE COUNTY WHERE THE CORPORATION'S REGISTERED OFFICE IS LOCATED. THE JUDGE OF PROBATE'S FILING FEE IS \$35 AND THE SECRETARY OF STATE'S FILING FEE IS \$50.

PURSUANT TO THE PROVISIONS OF THE ALABAMA BUSINESS CORPORATION ACT, THE UNDERSIGNED HEREBY ADOPTS THE FOLLOWING ARTICLES OF INCORPORATION.

- Article I The name of the corporation.
LALISAN NUTRITION CONSULTING, INC.
- Article II The duration of the corporation is perpetual, unless otherwise stated.
- Article III The corporation has been organized for the following purpose(s):
To establish and operate a nutritional consulting business
to advise business establishments in the healthcare field
regarding diet and nutrition and to enter any Lawful venture.
- Article IV The number of shares which the corporation shall have the authority to issue is 1000.
- Article V The street address (NO PO BOX) of registered office 124 Warwick Circle
Alabaster, Alabama 35007 and the name of
registered agent at that office Katherine E. Lalisan
- Article VI The name(s) and address(es) of the Director(s).
Katherine E. Lalisan 124 Warwick Circle Alabaster, AL 35007
Demosthenes Y. Lalisan 124 Warwick Circle Alabaster, AL 35007
- Article VII The name(s) and address(es) of the Incorporator(s).
Katherine E. Lalisan 124 Warwick Circle Alabaster, AL 35007
Demosthenes Y. Lalisan 124 Warwick Circle Alabaster, AL 35007

Any provision, not inconsistent with the law, for the regulation of the internal affairs of the corporation or for the restriction of the transfer of shares may be added.

IN WITNESS THEREOF, the undersigned incorporator executed these Articles of Incorporation on this, the 4th day of January, 2002.

THIS DOCUMENT PREPARED BY: Inst. # 2002-00855
Incorporators

01/04/2002-00855
01:55 PM CERTIFIED
SHELBY COUNTY JUDGE OF PROBATE

✓ Katherine E. Lalisan / Katherine E. Lalisan
Type or Print Name of Incorporator / Signature
✓ Demosthenes Y. Lalisan / Demosthenes Y. Lalisan
Type or print Name of Incorporator /
Signature

STATE OF ALABAMA

I, Jim Bennett, Secretary of State of the State of Alabama, having custody of the Great and Principal Seal of said State, do hereby certify that

pursuant to the provisions of Section 10-2B-4.02, Code of Alabama 1975, and upon an examination of the corporation records on file in this office, the following corporate name is reserved as available:

Lalisan Nutrition Consulting, Inc.

This domestic corporation name is proposed to be incorporated in Shelby County and is for the exclusive use of Gaylon Drake, PO Box 38, Cullman, AL 35056 for a period of one hundred twenty days beginning November 9, 2001 and expiring March 10, 2002.



In Testimony Whereof, I have hereunto set my hand and affixed the Great Seal of the State, at the Capitol, in the City of Montgomery, on this day.
November 9, 2001

Date

Jim Bennett

Secretary of State

Inst # 2002-00855

01/04/2002-00855
01:55 PM CERTIFIED
SHELBY COUNTY JUDGE OF PROBATE
003 CH 105.00