ARTICLES OF INCORPORATION

OF

Columbians Diet Center, Inc.

The undersigned, acting as incorporators of a corporation under the Code of Alabama, adopt the following Articles of Incorporation for such corporation:

FIRST: The name of the corporation is Columbiana Diet Center, Inc.

SECOND: The period of its duration is perpetual.

THIRD: The purpose or purposes for which the corporation is organized are:

- (a) To engage in the business of helping or assisting persons to reduce excess body weight and to thereafter maintain the aforesaid loss in body weight.
- (b) To undertake and carry on any business, transaction, or operation commonly undertaken or carried on by manufacturers, processors, financiers, and contractors, and generally to enter into, carry on, assist, promote or participate in financial, commercial, mercantile, industrial and other business works, contracts, undertakings and operations.
- (c) To raise money by the issuing of shares and otherwise, to borrow money for its corporate purposes and to make, accept, endorse, guarantee, execute, issue bonds, bills of exchange and other obligations and to mortgage, pledge and hypothecate any stocks, bonds or other evidences of indebtedness and any other property held by it, and to invest money so raised, borrowed or otherwise obtained in carrying out the objects of the corporation heretofore enumerated.
 - (d) To carry on any or all of its operations and business and to promote its objects within the State of Alabama or elsewhere, without restrictions as to place or amount and to do any or all of the things therein set forth to the same extent as natural persons might or could do and in any part of the world, as principals, agents, contractors, trustees, or otherwise, along or in company with others.
 - (e) And generally to do and perform the acts and enjoy the powers conferred by the general law of the State of Alabama; and in addition to the objects stated aforesaid, the corporation shall have the power to conduct and carry on any business or activity not prohibited by law, nor required by law to be specifically stated in these articles.

The objects and purposes specified in each subparagraph of Paragraph 3 shall, unless otherwise expressly provided, be in no wise limited by reference to, or inference from, the terms of any other subparagraph 3, each of such subparagraphs being regarded as creating independent objects and purposes.

Mike, A.

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All words and clauses appearing in this Paragraph 3 are used in their broadest sense and shall be so construed.

FOURTH: The aggregate number of shares which the corporation shall have authority to issue is 1000 shares of Common Stock consisting of one class of common stock with a par value of \$1.00 per share.

FIFTH: Provisions for the regulation of internal affairs of the corporation are: None.

SIXTH: The address of the initial registered office of the corporation is Dean Office Building, 101 South Main Street, Suite 101 Columbiana, Alabama 35051, and the name of its initial registered agent at such address is Susan Story.

SEVENTH: The number of directors constituting the initial board of directors of the corporation is two, and the names and addresses of the persons who are to serve as directors until the first annual meeting of the shareholders or until their successors are elected and shall qualify are:

Name

Address

Susan Story

Dean Office Building 101 South Main Street, Suite 101 Columbiana, Alabama 35051

EIGHTH: The name and address of each incorporator is:

Name

Address

Susan Story

Dean Office Building 101 South Main Street, Suite 101 Columbiana, Alabama 35051

NINTH: In all elections for directors, every shareholder shall have the right to vote, in person, or in proxy, the number of shares owned by him, for as many persons as there are directors to be elected, or to cumulate said shares, and give one candidate as many votes as the number of directors multiplied by the number of his shares shall equal, or to distribute them on the same principle among as many candidates as he shall see fit.

TENTH: A. The Board of Directors shall have power to alter, amend and repeal the by-laws of the Corporation or adopt new by-laws for the Corporation at any regular or special meeting of the Board, provided that the Board of Directors may not alter, amend, or repeal any by-law which establishes the number of directors, the time or place of stockholders' meetings, or what constitutes a quorum at such stockholders' meetings, or which was

adopted by the stockholders and specifically provides that it cannot be altered, amended or repealed by the Board of Directors.

B. The stockholders may alter, amend, repeal the bylaws of the Corporation or adopt new by-laws for the Corporation at any annual meeting or at a special meeting called for the purpose, and all by-laws made by the directors may be altered or repealed by the stockholders.

Dated Jo day of November, 1989.

Incorporator Toky

State of Alabama Shelby County

I, the undersigned, a Notary Public in and for said County, in said State, hereby certify that Susan Story whose name is signed to the foregoing Articles of Incorporation, and who are known to me, acknowledged before me on this day that, being informed of the contents of such instrument, they executed the same voluntarily on the day the same bears date.

Given under my hand and official seal this day of

November, 1989.

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Notary Public



OFFICE OF THE SECRETARY OF STATE

State of Alabama

PERRY A. HAND SECRETARY OF STATE

NAME RESERVATION CERTIFICATE

FOR

Columbiana Diet Center, Inc.

I, Perry A. Hand, Secretary of State of the State of Alabama, having custody of the Great and Principal Seal of said state, do hereby certify that pursuant to the provisions of Section 10-2A-26, Code of Alabama 1975, based upon an examination of the corporation records on file in this office, the corporate name "Columbiana Diet Center, Inc." is reserved as available.

This domestic corporation name is proposed to be incorporated in Shelby County and is for the exclusive use of Mike T. Atchison, P. O. Box 822, Columbiana, AL 35051 for a period of one hundred twenty days beginning October 24, 1989 and expiring February 22, 1990.



IN TESTIMONY WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State, at the Capitol, in the City of Montgomery, on October 24, 1989.

Montgomery, AL 36130

42051261-5321

Perry A. Hand Secretary of State

Room 524

State Office Building

OFFICE OF THE JUDGE OF PROBATE SHELBY COUNTY, ALABAMA

CERTIFICATE OF INCORPORATION

OF

Columbiana Diet Center, Inc.

The undersigned, as Judge of Probate, Shelby County, Alabama, hereby certifies that Articles of Incorporation for the incorporation of Columbiana Diet Center, Inc., duly signed pursuant to the provisions of the Code of Alabama, have been received in this office and are found to conform to law and that the name of the corporation is now reserved with the Secretary of State of Alabama under reservation attached hereto.

ACCORDINGLY the undersigned, as such Judge of Probate, and by virtue of the authority vested in him by law, hereby issued this Certificate of Incorporation of Columbiana Diet Center, Inc. attaches hereto a certified copy of the Articles of Incorporation.

Dated 20 November, 1989.

Judge of Probate

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STATE OF ALA. SHELBY CO. I CERTIFY THIS DISTRUMENT WAS FILE.

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Thomas a. Snowleng on JUDGE OF PROBATE

RECORDING FEES

Recording Fee

Index Fee

TOTAL

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