

STATE OF ALABAMA

FOR-PROFIT CORPORATION ARTICLES OF INCORPORATION

INSTRUCTIONS:

- STEP 1:** CONTACT THE OFFICE OF THE SECRETARY OF STATE AT (334)242-5324 TO RESERVE A CORPORATE NAME.
STEP 2: TO INCORPORATE, FILE THE ORIGINAL, TWO COPIES OF THE ARTICLES OF INCORPORATION AND THE CERTIFICATE OF NAME RESERVATION IN THE COUNTY WHERE THE CORPORATION'S REGISTERED OFFICE IS LOCATED. THE JUDGE OF PROBATE'S FILING FEE IS \$35 AND THE SECRETARY OF STATE'S FILING FEE IS \$50.

PURSUANT TO THE PROVISIONS OF THE ALABAMA BUSINESS CORPORATION ACT, THE UNDERSIGNED HEREBY ADOPTS THE FOLLOWING ARTICLES OF INCORPORATION.

- Article I** The name of the corporation.
Nutrition Counseling Ministries, Inc.
- Article II** The duration of the corporation is perpetual, unless otherwise stated.
- Article III** The corporation has been organized for the following purpose(s):
TO PROVIDE SEMINARS TO CHURCHES AND
OTHER ORGANIZATIONS; MAY PROVIDE
GROUP OR IND. NUTRITION COUNSELING SERVICES
- Article IV** The number of shares which the corporation shall have the authority to issue is 0.
- Article V** The street address (NO PO BOX) of registered office 1461 CROSS PATH
DRIVE, ALABASTER, AL 35007 and the name of
registered agent at that office DONNA B. MANGHAM, RD, LD
- Article VI** The name(s) and address(es) of the Director(s).
DONNA B. MANGHAM, REGISTERED, LICENSED DIETITIAN
1461 CROSS PATH DR.
ALABASTER, AL 35007
- Article VII** The name(s) and address(es) of the Incorporator(s).
DONNA B. MANGHAM, RD, LD
1461 CROSS PATH DR, ALABASTER, AL 35007

Any provision, not inconsistent with the law, for the regulation of the internal affairs of the corporation or for the restriction of the transfer of shares may be added.

IN WITNESS THEREOF, the undersigned incorporator executed these Articles of Incorporation on this, the 5th day of OCTOBER, 1999.

THIS DOCUMENT PREPARED BY:

DONNA B. MANGHAM, RD, LD
1461 CROSS PATH DR
ALABASTER, AL 35007

DONNA B. MANGHAM, RD, LD
Type or Print Name of Incorporator
Donna B. Mangham
Signature of Incorporator

Helene F. Martin
NOTARY

STATE OF ALABAMA

I, **Jim Bennett**, Secretary of State of the State of Alabama, having custody of the Great and Principal Seal of said State, do hereby certify that

pursuant to the provisions of Section 10-2B-4.02, Code of Alabama 1975, and upon an examination of the corporation records on file in this office, the following corporate name is reserved as available:

Nutrition Counseling Ministries, Inc.

This domestic corporation name is proposed to be incorporated in Shelby County and is for the exclusive use of Donna Mangham, 1461 Cross Path Dr, Alabaster, AL 35007 for a period of one hundred twenty days beginning September 10, 1999 and expiring January 9, 2000.



In Testimony Whereof, I have hereunto set my hand and affixed the Great Seal of the State, at the Capitol, in the City of Montgomery, on this day.

September 10, 1999
Date

A handwritten signature in dark ink, appearing to read "Jim Bennett".

Jim Bennett

Secretary of State

Inst # 1999-42789

10/15/1999-42789
10:08 AM CERTIFIED

SHELBY COUNTY JUDGE OF PROBATE

003 HNS 90.00